عنوان المشروع باللغة العربية - Title of the proposed project in Arabic	تعيين العلاقة بين مستوي العناصر السامة و فيتامين د في السعوديين البالغيين
Title of the proposed project in English	Association of toxic elements with serum 25(OH)D and 1,25(OH)2D among Saudi adults
PI - المشرف الرئيس	Prof. Nasser Al-Daghri
التخصص الدقيق للمشرف Specialty of الرئيس Pl	Clinical Biochemistry
Co-PI - المشرف المساعد	Dr. Sobhy Yakout
المدة المتوقعة لإنجاز البحث منذ الحصول على موافقة عمادة الدراسات العليا عمادة الدراسات العليا (بالشهور time in month to finish	12 months
Abstract of the proposal (No more than 200 words)	Limited data suggest that toxic elements like lead (Pb), cadmium (Cd), and uranium (U) may disrupt vitamin D metabolism and inhibit production of 1,25(D [1,25(OH)2D], the active vitamin D metabolite, from 25-hydroxyvitamin D [25(OH)D] in the kidney. We will evaluate the association between blood lead (BPb) and urine arsenic (As), Cd, molybdenum (Mo), thallium (TI), and U with markers of vitamin D metabolism [25(OH)D and 1,25(OH)2D].
Hypothesis of the proposal	A limited number of studies suggest that exposure to toxic metals may influence vitamin D status. Higher blood lead (BPb) concentrations in children were associated with higher levels of 25(OH)D in one study [1] and with lower levels of 1,25(OH)2D in a different study, leading to the hypothesis that Pb could inhibit the production of 1,25(OH)2D in the kidney [2]. Cadmium (Cd) exposure has also been associated with lower 1,25(OH)2D concentrations [3] but similar 25(OH)D concentrations, compared with levels in unexposed individuals [3]. In addition, experimental studies in rats have shown that uranium (U) exposure decreased 1,25(OH)2D concentrations [4] with no change in 25(OH)D concentrations [4].

Specific objectives	biomarkers of exposure to arsenic (As) and metals with 25(OH)D and 1,25(OH)2D concentrations in Saudi adults
Methodology & Major Techniques to be used	Atomic absorption spectroscopy, UV spectrophotometer, cobase E 411
Availability of Samples	Yes
Availability of Chemicals	Yes
Availability of Instruments	Yes
Ethical Approval	Ethical approval is available
Recent References	[1] Kemp FW, Neti PV, Howell RW, Wenger P, Louria DB and Bogden JD. Elevated blood lead concentrations and vitamin D deficiency in winter and summer in young urban children. Environ Health Perspect 2007; 115: 630-635. [2] Rosen JF, Chesney RW, Hamstra A, DeLuca HF and Mahaffey KR. Reduction in 1,25-dihydroxyvitamin D in children with increased lead absorption. N Engl J Med 1980; 302: 1128- 1131. [3] Nogawa K, Tsuritani I, Kido T, Honda R, Ishizaki M and Yamada Y. Serum vitamin D metabolites in cadmium- exposed persons with renal damage. Int Arch Occup Environ Health 1990; 62: 189-193. [4] Tissandie E, Gueguen Y, Lobaccaro JM, Grandcolas L, Voisin P, Aigueperse J, Gourmelon P and Souidi M. In vivo effects of chronic contamination with depleted uranium on vitamin D3 metabolism in rat. Biochim Biophys Acta 2007; 1770: 266- 272. [5] Zamoiski RD, Guallar E, Garcia-Vargas GG, Rothenberg SJ, Resnick C, Andrade MR, Steuerwald AJ, Parsons PJ, Weaver VM, Navas-Acien A and Silbergeld EK. Association of arsenic and metals with concentrations of 25- hydroxyvitamin D and 1,25-dihydroxyvitamin D among adolescents in Torreon, Mexico. Environ Health Perspect 2014; 122: 1233-1238.